**Getting It Together ... it's My Turn** is a program for people who are serious about getting what they want out of life, not for those who are thinking or just talking about it. It's about actually discovering what it entails and doing what is required to achieve it.

It's My Turn teaches that, "TAKING OWNERSHIP and FULL RESPONSIBILITY FOR YOUR LIFE and DIRECTING IT YOURSELF" is the key to getting what you want.

## **Goals and Objectives**

- -Help you clarify what you want
- -Shares the three steps to getting what you want and the obstacles that keep you from getting what you want.
- -Takes you through exercises that help you articulate your deepest belief and values
- -A step by step process of listening...learning...thinking...discussing and writing

## **Format**

The format is participative involvement with sharing, lecture and structured activities. It is progressive and experiential in focus and always adaptable to the needs of the members.

## Retreat

The retreat begins on Friday evening (6:30 p.m.) with dinner and ends Sunday morning (10:00 a.m.)

In an idyllic atmosphere of fun and relaxation, participants reflect on the balance of the world of work and business with the personal world of family and friendship. Also, they reflect on the questions of faith and spirituality that arise from the challenges of everyday life.

## **Atmosphere and Environment**

Group sessions are fun, while serious in content, depth and substance. The setting is relaxed, informal and conducive to sharing and growth.

**Contact us** today to learn more about how we can schedule a retreat for your organization or group.